



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ



ΧΑΡΟΚΟΠΕΙΟ ΠΑΝΕΠΙΣΤΗΜΙΟ



ΕΥΡΩΠΑΪΚΗ ΕΝΩΣΗ

# Annual Vitamin Meeting of the Homocysteine LOCUS

Athens, Hellas. Host: Dr.Panagiotakos  
17. – 21. October, 2013

## Program :

### Thursday, Oct.17.

- 06.00 Flight from Bergen with SAS via Copenhagen  
Private bus-transport to the hotel: Parthenon (ca 30min)  
<http://www.airotel.gr/hotel/parthenon>
- 14.00 Check-in  
14:30 ca Lunch at the hotel
- 15.30-16.00 Train - Elektrikos to Harokopio University  
(Taking train from stop Monastiraki direction Pireus, and getting off at stop Tavros)
- 16.00-16.10 **Dr.Panagiotakos:** Welcome  
Head of the Department of Science of Nutrition –Dietetics of Harokopio University
- 16.10-16.35 Dr med. **Anne Lise Bjørke Monsen:** Maternal prepregnancy BMI and B vitamin status.  
Pediatrician, Haukeland Hospital, Bergen.
- 16.35-16.55 Fellow **Eli Skeie:** Smoking and Plasma B-vitamins are Independently Associated with Serum Polyunsaturated Fatty Acids
- 16.55-17.15 **George Dedoussis:** Combined inheritance of MTHFR and LDLR genetic variants in early myocardial infarction  
Professor of Cellular and Molecular Biology, Department of Nutrition and Dietetics, Harokopio University

## Friday, Oct.18

- 09.00-09.30 Train - Elektrikos to Harokopio University
- 09.30-09.50 Fellow **Nathalie Puaschitz**: Dietary intake of saturated fat and risk of coronary events and all cause death in patients with coronary heart disease”
- 09.50-10.05 **Paraskevi Detopoulou**:Dietary intake of choline and betaine and cardiometabolic risk factor - The ATTICA study .  
PhD.Clinical Dietician, Korgialeneio Benakio, General Hospital of Athens
- 10.10-10.30 Fellow **Despoina Theofylaktopoulo**: Determinants of kynurenines and markers of inflammation in the Hordaland Health study.
- 10.30-11.00 **Coffee/tea**
- 11.00-11.20 Fellow **Yunpeng Ding**: MTHFD1 and acute myocardial infarction in patients with stable angina pectoris.
- 11.20-11.40 Fellow **Gard Svingen**: Plasma Dimethylglycine is a Predictor of Mortality in Patients with Coronary Heart Disease.
- 11.40-12.00 Prof.**Ottar Nygård**: Dimethylglycine – a possible target for personalized nutrition.
- 12.00-13.30 **Lunch breake.**
- 13.30-13.50 Scientist **Arve Ulvik**: Evidence for increased catabolism of vitamin B6 during inflammation.
- 13.55-14.20 Prof. **Per M. Ueland**: Bevital: Assessment of nutritional status by vitamin markers.
- 14.30-14.50 **Charis Liapi**: Heart dysfunction induced by choline-deficiency in adult rats: the protective role of L-carnitine.  
Associate Professor of Pharmacology, Department of Pharmacology, Medical School,National and Kapodistrian University of Athens
- 20.20 Main Dinner at Taverna Psavas with guests  
<http://www.psaras-taverna.gr/en/>